

Collagen is the most abundant protein in the body ensuring the health and vitality of your skin, hair, tendon, cartilage, bones and joints. Collagen has essential amino acids which are the building blocks your body uses to make muscles, bones, and joints. Collagen taken at bedtime helps stimulate growth hormone release, and provides nutrients necessary to perform tissue repair while sleeping. Unfortunately, the average person has hardly any collagen in his/her diet!

Directions:

Add 1(one) scoop to 8 ounces of cold or hot liquid, mix thoroughly. Take one or two times per day, or as directed by a health care professional.

Storage Information

Store away from heat and moisture.

TYPICAL AMINO ACID PROFILE

(Average milligrams per serving naturally occurring in Collagen.)

Alanine	1,462 mg
Arginine	1,517 mg
Aspartic Acid	1,192 mg
Glutamic Acid	2,239 mg
Glycine	3,719 mg
Histidine ††	144 mg
Hydroxylysine	217 mg
Hydroxyproline	2,058 mg
Isoleucine ††	271 mg
Leucine ††	524 mg
Lysine ††	614 mg
Methionine ††	108 mg
Phenylalanine ††	379 mg
Proline	2,076 mg
Serine	614 mg
Threonine ††	343 mg
Tyrosine	90 mg
Valine ††	433 mg

†† Essential Amino Acids

Contains Soy Manufactured in a facility that processes Milk, Soy, Eggs, Nuts and Wheat.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Our Collagen is sourced from grass-fed bovine hides to ensure a natural, high quality, and sustainable source. These natural peptides are highly bio-available, digestible and soluble in cold or hot liquids.

SUPPLEMENT FACTS

Serving Size: 1 Scoop (24 g)

Servings per Container 19

	AMOUNT PER SERVING	% DAILY VALUE
Calories	80	
Protein	18 g	0%*
Vitamin C <i>(as ascorbic acid)</i>	90 mg	100%
Sodium	110 mg	5%
Hydrolyzed Collagen <i>(from bovine bone and hide)</i>	20 g	**
Hyaluronic Acid <i>(from sodium hyaluronate)</i>	80 mg	**

* Percent Daily Values (DV) are based on a 2,000 calorie diet.
** Daily Value not established

INGREDIENTS: Hydrolyzed Bovine Collagen, Natural Flavors, Ascorbic Acid, Sodium Hyaluronate, Organic Stevia, Coffee Beans, Organic Soy Lecithin, Rice Hull, Dipotassium Phosphate, Salt.

Distributed by:

Collagen Peptides

Bovine Collagen *Cappuccino Flavor*

Healthy Joints

Healthy Hair

Healthy Skin

Healthy Nails

+ Vitamin C

+ Hyaluronic Acid

NET WT 1 LB (456g) 19 SERVINGS